Baseball Card Vegetable Project

Project will be a 5 x 7 baseball card format.

Front:

Back:

Team Name

The name of the group your vegetable belongs to

Season

List when the vegetable is in season.

All-time Stats

Nutritional information - minimum of 5

**Include what sources of vitamins and minerals the vegetable may provide.

http://www.dole5aday.com/html/kids/nutrition%20database.html or type DOLE Super kids http://www.fruitsandvegglesmatter.gov/month/index.html CDC website OR http://www.mypyramid.gov/pyramid/vegetable_tips.html

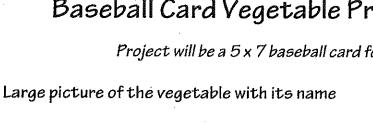
Career Highlights -

5 recipes containing your vegetable

Other Teams

Forms the vegetable can be purchased (canned, dried, etc.)

Category	1 point	2 points	3 points	Score
Front	-Small picture of	-Medium picture of	-Large picture of fruit	
	fruit or vegetable	fruit or vegetable	Takes the whole page	
	-Your Name @	(1/2 page)	Your Name @ Bottom	
	Bottom	-Your Name @		
		Bottom 1		
Team Name	No category listed	Category listed, but	The correct category listed	
		wrong category		
Season	No season listed	Off by 1–2 months	Correct season listed	
Nutritional	Missing three or	Missing 1-2	All nutrients are listed	
Information	more nutrients	nutrients	(minimum of 5)	
Recipes	3 or fewer recipes listed	4 recipes listed	All 5 recipes listed	
Other Teams	No team(s) listed	I missing on it is incorrect	All forms of veggies listed are correct	
Overall	Not neatly done	Neat	Very neat with good use	
Appearance &		1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	of color 🐪 🔭	
Creativity		(1) - (1) -		
Work & Effort	Not on task during	On task most of	On task at all times	
	class; minimal effort	time; effort noticed	generous effort given	
Spring Training	1pt. Turned in 2-3	3 pts. Turned in 1	4pts turned in	
	days late	day late	•	
Total Points		Communication of the communica		
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Baseball Card Fruit Project

Project will be a 5x7 baseball card format.

Front:

Large picture of the fruit with its name

Back:

Team Name - The name of the classification your fruit belongs to.

Season

List when the fruit is in season

All-Time Stats - Nutritional information- Minimum of 5

** include what sources of vitamins and minerals the fruit may provide

Career Highlights

5 recipes containing your fruit

Other Teams

- Forms the fruit can be purchased (canned, dried,)















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Category	1 point	2 points	3 points	Score
Front	 Small picture or fruit Your name at bottom 	 Medium picture of fruit (1/2 pg) Your name at bottom 	 Large picture of fruit takes whole page Your name at bottom 	nna Annaiseann ann am Annaiseann an Annaiseann ann an Annaiseann ann an Annaiseann Annaiseann Annaiseann Annai
Team Name	No category listed	Category listed , but wrong category	The correct category listed	
Season	No season listed	Off by 1-2 months	Correct season listed	
Nutritional Information	Missing three or more nutrients	Missing 1-2 nutrients	All nutrients are listed (minimum of 5)	
Recipes	3 or fewer recipes listed	4 recipes listed	All 5 recipes listed	
Other Teams	No team(s) listed	1 missing or it is in cor- rect	All forms of fruits listed are correct	
Overall Appearance & Creativity	Not neatly done	Neat	Very neat with good use of color	
Work & Effort	Not on task during class; minimal effort	On task most of time: effort noticed	On task at all times; generous effort given	
Spring training	1 pt. turned in 2-3 days late	3 pts. Turned in 1 day late	4 pts. Turned in on time	
Total points	ATTANA NA SINA		0.000	